The Stroll

This dance has been choreographed for the official music video

Choreographed by Maddison Glover & The Illawarra Country Bootscooters (Nov 2023)

Music: The Stroll | Artist: Kevin Sullivan | Description: 64 Count, 2 Wall, High-Improver Line Dance | Intro: 16 Count

1-8 Side, Touch, Point, Touch, Extended Vine 1.2.3.4 Step | to | side, touch R toe beside | point

1,2,3,4 Step L to L side, touch R toe beside L, point R to R side, touch R toe beside L

5,6,7,8 Step R to R side, cross L behind R, step R to R side, cross L over R

9-16 Side, Touch, Point, Touch, Vine, Touch Together

1,2,3,4 Step R to R side, touch L toe beside R, point L to L side, touch L toe beside R

5,6,7,8 Step L to L side, cross R behind L, step L to L side, touch R beside L

17-24 Shuffle Forward, Heel Struts x 3

1&2,3,4 Step R fwd, step L beside R, step R fwd, touch L heel fwd, drop toes to floor

5,6,7,8 Touch R heel fwd, drop toes to floor, touch L heel fwd, drop toes to floor

25-32 Forward, Hold, ¼ Pivot, Hold, Forward, Hold, ¼ Pivot, Hold

1,2,3,4 Step R fwd, hold, pivot ¼ turn over L, hold (weight on L) (9:00)

5,6,7,8 Step R fwd, hold, pivot ¼ turn over L, hold (weight on L) (6:00)

33-40 Vine, Together, V-Step

1,2,3,4 Step R to R side, cross L behind R, step R to R side, step L together *

5,6 Step R out into R diagonal, step L out into L diagonal

7,8 Step R back, step L together

41-48 Rocking Chair x2

1,2,3,4 Rock R fwd, recover weight back onto L, rock R back, recover weight fwd onto L

5,6,7,8 Rock R fwd, recover weight back onto L, rock R back, recover weight fwd onto L

49-56 Slow Kick-Ball-Change, Scuff, Stomp, Hold for 3 Counts

1,2,3,4 Kick R fwd, step R together, step L slightly fwd, scuff R fwd ** #

5,6,7,8 Stomp R fwd, hold for counts 6,7,8 (weight fwd on R)

Note: On count 5, push both hands out at hip height and keep them out for counts 6,7,8

57-64 Heel Together (x4) Slightly Travelling Back

1,2 Touch L heel fwd into L diagonal, step L slightly back

3,4 Touch R heel fwd into R diagonal, step R slightly back

5,6 Touch L heel fwd into L diagonal, step L slightly back

7,8 Touch R heel fwd into R diagonal, step R together

SEQUENCE: 64 / 64 / 64 / Tag "Stroll" / 64 / 64 / *Start from count 33-64 / Start from count 49-64 on the opposite foot / Start from count 49-64

Tag "Stroll" - After the third sequence (after the first instrumental) you will be facing 6:00. Complete 16 sets of heel struts in a direction of your choice. The idea of this tag is to encourage you to interact with your "neighbours" and end up in a new spot. By the end of the 16 heel struts, you must return to the 6:00 wall.

- * The 7th sequence will not start from the beginning of the dance. It will start from count 33. You will be facing 12:00. Replace counts 33-34-35-36* with a "vine left, touch R together" (step L to L side, cross R behind L, step L to L side, touch R together) and continue the dance from count 37-64.
- ** The 8th sequence will not start from the beginning of the dance. You will be facing 12:00. Start the dance from count 49-64 but leading with the left foot:
- 1,2,3,4 Kick L fwd, step L together, step R slightly fwd, scuff L
- 5,6,7,8 Stomp L fwd, hold for counts 6,7,8
- 1,2,3,4 Touch R heel fwd into R diagonal, step R slightly back, touch L heel fwd into L diagonal, step L slightly back
- 5,6,7,8 Touch R heel fwd into R diagonal, step R slightly back, touch L heel fwd into L diagonal, step L slightly back

The 9th sequence will not start from the beginning of the dance. You will still be facing 12:00. Start the dance from 49-64.







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